

LEARN TO SQUARE DANCE

FRIENDSHIP – FUN – EXERCISE FOR THE MIND AND BODY

**“THE ONLY PHYSICAL ACTIVITY THAT DECREASES THE RISK OF DEMENTIA IS FREQUENT DANCING”
(NEW ENGLAND JOURNAL OF MEDICINE)**

**LESSONS START
TUES AFTERNOON JANUARY 8, 2019
2:00 TO 4:00 PM**

**THE WINTERVILLE CENTER,
371 NORTH CHURCH STREET, WINTERVILLE, GA**



**INSTRUCTOR – Bob Morrison
Partners not required**

FOR MORE INFORMATION PLEASE CONTACT
KATHY 317-855-0009 OR SUSAN 770-315-9319